

Small changes, big differences.



Triple P Teen Parent Group (for parents/carers of young people aged 10 - 17) Sudbury - Phoenix Children's Centre January 2017

- Triple P allows parents to choose techniques that work best for them and their families. We provide the information, but you choose the ideas to use and that will work!
- Triple P gives parents proven tips and suggestions about handling common behavioural and developmental issues in their children and young people.
- Triple P involves emphasising positive communication, and planning ahead to prevent a range of issues

PRESENTER:

Sally Losasso, Parenting Group Facilitator

Naomi Hunnibell – co-facilitating



COURSE DATES:

1. **Group 1** Thursday 19th January 5.45 pm – 7.45 pm
2. **Group 2** Thursday 26th January 5.45 pm – 7.45 pm
3. **Group 3** Thursday 2nd February 5.45 pm – 7.45 pm
4. **Group 4** Thursday 9th February 5.45 pm – 7.45 pm
5. **Phone Session 1** Week/beg 13th February **NO GROUP**
6. **Phone Session 2** Week/beg 20th February **NO GROUP**
7. **Group 5** Thursday 2nd March 5.45 pm – 7.45 pm

VENUE: Phoenix Children's Centre
Tudor Road CO10 1NP
01787 888666

Contact details:

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