Supporting Siblings of Disabled Children –
“Keeping your children safe at home”

Sibling group session to promote understanding on managing difficult behaviour through discussion and practical exercises based on the BehaviourSafe@Home training

What can the sessions achieve?

The aim is to encourage siblings to share their experiences and to learn practical techniques on how to cope with their disabled brother or sister’s difficult behaviour.

The discussion will explore the mixed emotions that many children and young people feel about living with a disabled sibling and promote a better understanding of what is going on around them and the different standards of behaviour expected of them.

The practical exercises will provide siblings with physical skills to deal safely with difficult behaviour and the ability to cope with potentially “explosive” situations.

A better understanding of why keeping calm and knowing how to react appropriately will help keep everyone safe.

Who can join in?

Siblings of disabled children aged between 9 and 16.

When and where are the sessions held?

Friday, 27th October 2017

Suffolk Family Carers
Unit 9, Hill View Business Park
Claydon, IP6 0AJ

The sessions start at 10.00 am and end at 3.00 pm.

Please note that parents of children under the age of 16 are expected to accompany them on the course

How do I book a place?

To request a booking form or to discuss the suitability of this training, please contact Sue Phillips, Young Carers Lead on 01473 260026 or by email at: susan.phillips@suffolk.gov.uk

This is a free service